

IS THIS HOW THE A-LISTERS

These lucky ladies all look years younger than their birth certificates, but is that all down to good genes? We asked top **Harley Street cosmetic surgeon Dr Julian de Silva** to reveal how these famous faces might be defying time and - with the help of computer imaging - predict how they might look now if they'd just let nature take its course



In 1978, aged 32



How she should look now



How she really looks now

JOANNA LUMLEY, 73

Dr de Silva says: 'After 60 there's a massive breakdown in collagen, skin sags and the jawline loses its structure. But Joanna shows no sign of this - her skin is radiant and her face has retained its shape. The only real tell-tale area of ageing is her neck. Joanna has talked of using filler injections in her forehead and around her mouth to rejuvenate her skin. Fillers last longer when used with botox, and pictures of Joanna with more open-looking eyes and a higher eyebrow arch suggest she may have used that too.'

VICTORIA BECKHAM, 45

Dr de Silva says: 'By 45 you'd expect to see smile lines and wrinkles around the eyes becoming deeper, but there are few signs of wrinkles on her brow or crow's feet. There's also no sign of nasolabial lines, which usually start to form in your 30s. Victoria has olive skin, which is less prone to fine lines, but to have a complete lack of wrinkles suggests she's used injectable treatments over the past 10 years. If so, it's been done subtly and she looks incredible for 45.'



In 1999, aged 25



How she should look now



How she really looks now



In 1985, aged 40



How she should look now



How she really looks now

HELEN MIRREN, 74

Dr de Silva says: 'Helen's face shape hasn't changed much. Her jawline is almost as strong, her neck has hardly sagged, and there are only mild signs of the contours of her cheeks dropping. There are no eye bags. She does have lines around her eyes, but at 74 this is to be expected with the natural thinning of the skin. In 2014 Helen said she was planning to have cosmetic surgery "very very soon". It appears she may have had a facelift procedure to improve her jawline, which is well defined for 74.'

SHOULD REALLY LOOK?



In 1989, aged 25



How she should look now



How she really looks now

LIZ HURLEY, 54

Dr de Silva says: 'Liz has some extended laughter lines, but her jawline is much the same as it was in her 20s. She has clearly taken care of her skin, and even though she is quite fair, the quality is still very youthful, with few signs of sun damage. Liz has said she's used botox and you can see it's worked. By 54 you'd expect to see frown lines, but there's hardly any sign of those. Her skin looks smooth, so she may have used micro-needling treatments to boost collagen.'

JENNIFER LOPEZ, 50

Dr de Silva says: 'Jennifer's face is remarkable. She shows almost no signs of ageing over the past 20 years. The only change is a slightly broader, squarer jawline, but it's almost imperceptible. Our face mapping software puts her at 32. She's been helped by her healthy lifestyle, but it wouldn't have stopped gravity. She's refuted having surgery, but she may have used non-invasive options like Ultherapy, which uses ultrasound to lift and tighten the face. It's also possible she's used subtle fillers to restore volume.'



In 1999, aged 30



How she should look now



How she really looks now



In 1997, aged 28



How she should look now



How she really looks now

JENNIFER ANISTON, 50

Dr de Silva says: 'Jennifer looks 10 years younger. There is a slight loss of volume and stretching of the skin texture, possibly due to sun damage, but few other signs of ageing. Her nasolabial folds are more pronounced, but nowhere near as much as you'd expect. She uses laser peels, which give a radiant skin surface while generating collagen deep down. But these don't help much with facial volume, so it's possible she's also used injectables to keep her face plump.'



NB: Dr Julian de Silva, from the Centre for Advanced Facial Cosmetic & Plastic Surgery (Londonfacialplasticsurgery.co.uk) created these predictive facial images using his Future Face AI computer software. He also runs the non-surgical Harley Street Face Clinic (Harleystreetfaceclinic.co.uk), which provides cosmeceutical and high-tech non-surgical innovations to help maintain facial shape and balance in a natural way over time.

Edited by: Lynne Hyland. Pictures: Getty/Rev/Shutterstock.