



# New study reveals the age that women officially turn into their mums

Turns out it happens a lot earlier than we thought

You know the saying that all women eventually turn into their mothers, and now a new study has revealed the age that this actually happens!

According to the research carried out by Harley Street, women are said to start turning into their mothers at the age of 33, while men turn into fathers at 34.

The results showed that for more than half of women, by the time they reach their early 30s they are more likely to be imitating their mums instead of trying to be different to them.

The first indication of this happening is said to be after the birth of women's first child, which sees them start to adapt many of the same attitudes and tastes as their own mums.

The second most popular sign for women was noticing the first physical signs of middle age – crows feet, lines on the forehead, grey hairs and lower volume in the lips.

Watching the same TV shows came third, taking up the same hobbies was fourth and using the same sayings was fifth.

Men start turning into their fathers a year later at 34 – the top signals that men were turning into their dads were fatherhood, physical signs of middle age such as a double chin, followed by switching lights off in empty rooms at home and adopting the same politics as your dad.

The results came from a poll of 2,000 men and women by the Harley Street facial cosmetic surgeon Dr Julian De Silva.

Dr De Silva, from the Centre For Advanced Facial Cosmetic & Plastic Surgery, said: "We all turn into our parents at some point in our lives, and that is something to be celebrated. They are the most wonderful people in the world.

"Becoming parents is the main trigger and lifestyle factors are also important. Both sexes said the physical signs of middle age were also a key factor."