

# her



## Apparently we officially start turning into our mothers at the age of 33

3.3k Shares



REBECCA O'KEEFFE

### We knew it...

According to research by a Harley Street surgeon, we start to become our mothers at 33.

We are likely to start adopting the same tastes and attitudes as our mums in the first few years after having our first child.

Makes sense, in fairness.

The study revealed more than fifty percent of the women surveyed admitted that they stopped rebelling against their mums in their early thirties.

Dr Julian De Silva explained:

"We all turn into our parents at some point in our lives - and that is something to be celebrated. Becoming parents is the main trigger and lifestyle factors are also important."

