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Apparently we don't officially start turning into adults until our thirties

According to new research by a Harley Street surgeon, we start becoming our mums in our thirties.

We are likely to start adopting the same tastes and attitudes as our mums in the first few years after having our first child.

Makes sense, in fairness.

The study revealed more than fifty percent of the women surveyed admitted that they stopped rebelling against their mums in their early thirties.

Dr Julian De Silva explained:

"We all turn into our parents at some point in our lives - and that is something to be celebrated. Becoming parents is the main trigger and lifestyle factors are also important."

